***A Graduation Message***

**Graduation is a**

**Time to remember**

**And a time to dream,**

**A time to look back**

**And a time to reach forward,**

**A time for songs of laughter**

**And a time for tears of joy.**

**A time for letting to**

**And a time for discovering**

**Hopes and dreams that are yet unborn,**

**A time to say good-bye to yesterday**

**And a time to greet tomorrow**

**With courage,**

**A time for loving hearts to gather**

**And a time to celebrate all that you are…**

**And all that you may become.**

***Retrieved By: The Newspaper Club (Pintrest)***

**Congratulations Golden Ring School 8th Grade Students!!!!**



**Mental Health**

May is mental health awareness month. Our mental health is our social well-being. Our mental health can determine how we act, feel, think, and handle stress. To maintain our mental health, we all just need to take a break, keep active, or ask for help! Stress can block hormones and you might not even know it! You should also try and take a break from social media, while seeing other’s accomplishments it might make you feel disappointed at where you are. Remember our mental health is just as important as our physical health.



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Word Scrambles

Word Bank:

H l m e l n a h t e

\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Word Bank:

I p i o s r a n t t m

\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Answer 1: Mental health Answer 2: Is important

 **By Bidemi Ogunjinmi**



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**Riddles **

1. What goes up and never comes down?
2. What’s full of holes and can easily hold water?
3. What's a question you can never answer yes to?
4. David's father has three sons: Snap, Crackle, and….?
5. The more you take, the more you leave behind. What am I?
6. What has a head, a tail, is brown, and has no legs?
7. You live in a one-story house made entirely of redwood. What color would the stairs be?
8. What runs around the whole yard without moving?

**Answer key. 1. Age…, 2. A sponge, 3. “Are you asleep?” 4. David, 5. Footsteps, 6. Penny 7. What stairs?, 8. fence here are no stairs.**

 **By Bidemi Ogunjinmi**



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Graphing

Careers

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Doctor |  |  |  |  |  |
| Lawyer |  |  |  |  |  |
| Auto Mechanic |  |  |  |  |  |
| Teacher |  |  |  |  |  |
| Scientists |  |  |  |  |  |
| Engineer |  |  |  |  |  |
| Pilot |  |  |  |  |  |
| Veterinarian |  |  |  |  |  |

*Key: each box = 5 people*

*Graph Questions*

How many people voted for their favorite career? \_\_\_\_

How many people want to be an engineer? \_\_\_\_\_

How many people want to be a doctor? \_\_\_\_\_

How many people want to be a scientists or veterinarian? \_\_\_\_

Name the careers that 2 people voted for? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How many more people want to be an engineer than an auto mechanic? \_\_\_\_\_

**By The Newspaper Club**



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**Recipes**

**Cool Summer Treat**

**Lemon and Peppermint Straw**

**Ingredients:**

**1 fresh lemon**

**1 thick peppermint stick**

**Directions:**

**Push the peppermint stick into the lemon. Squeeze the lemon and sip the juice. Enjoy!!!**

**By The Newspaper Club**



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